



ACTIVITY: Who You Are & Who You Want to Be

Write down the person you currently are in regard to the different aspects of your life. Then, write down your goal of who you want to be in those different contexts. As a bonus- write down characteristics that you want to have in regards of each topic.

	Who You Are	Who I Want to Be
To my Family		
To my Friends		
To Myself		
Professionally		
Spiritually		