

### Resources

National Domestic Violence Hotline	1-800-799-7233
National Sexual Assault Hotline:	1-800-656-4673
National Alliance on Mental Illness (NAMI)	1-800-950-6264
Substance Abuse and Mental Health Services Administration National Helpline (SAMHSA)	1-800-662-4357
National Suicide Prevention Hotline	1-800-273-8255