



Wednesday Workshops

A Group for Survivors of
Interpersonal Violence

Meets the 2nd and 4th Wednesday
of the month from 6:00-7:30pm

Come join other survivors of domestic violence and sexual assault and abuse to learn, share and grow beyond abuse. Each session will feature instruction on a healing topic and include time to share and process with other group members. Attend one or all of these bi-monthly meetings.

- Jan. 24:** Self Forgiveness - A New Beginning
- Feb. 14:** Healthy vs. Unhealthy Relationships - What Does Love Look Like?
- Feb. 28:** Toxic Families
- March 14:** Trauma 101 - How the Brain Functions After Trauma

Please call prior to attending. Contact Sarah at 262-547-4600.

Sign Up Today

There is no cost for this group and childcare may be available by appointment.

Location:

The Women's Center
505 N. East Avenue
Waukesha, WI 53186
Business: 262-547-4600
Hotline: 262-542-3828
www.twcwaukesha.org


**THE
Women's
CENTER**
Safety. Shelter. Support.



These services have been provided, totally or in part, through funding from the Waukesha County Health and Human Services.

