

Nutrition Workshop



Join us to learn about
**Healthy Food and
Beverage Choices!**

This workshop meets from
1-2 pm on the
following Thursdays:

August 10

August 17

August 24

August 31

*Attend all four
workshops and receive
a grocery store
gift card!*

Location:

The Women's Center

505 N. East Ave.

Waukesha, WI 53186

Business: 262-547-4600

Hotline: 262-542-3828

www.twcwaukesha.org

We encourage you to register by
calling 262-547-4600. There is no
cost to attend and childcare may
be available by appointment.



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in part, through funding
from the Waukesha
County Health and
Human Services.

